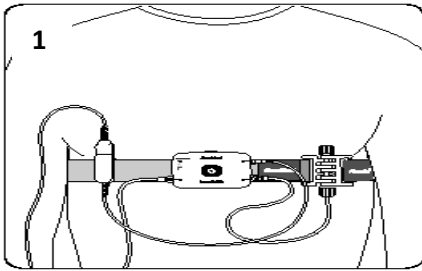
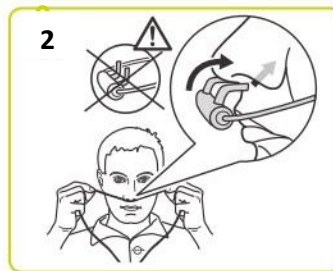


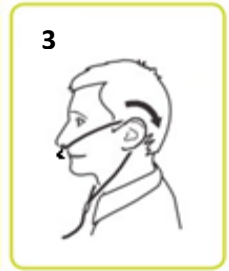
FITTING



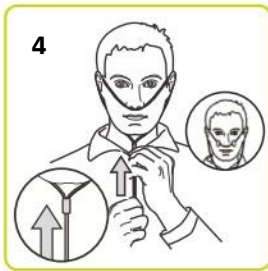
1
Wear the belt with recorder across the upper chest. The easiest way to put on the device is while standing in front of a mirror.



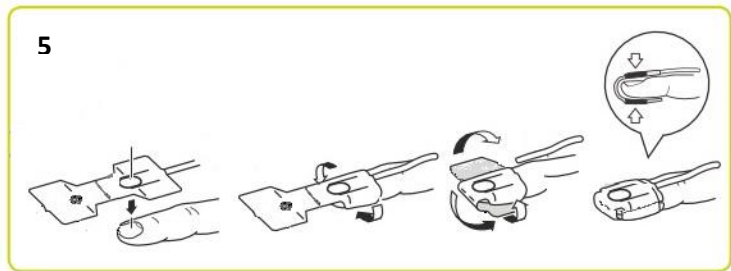
2
Fit the nasal cannula so that the two small open tubes are in your nostrils.



3
Fit the loop around your ears and then back beneath your chin without pulling over your head.



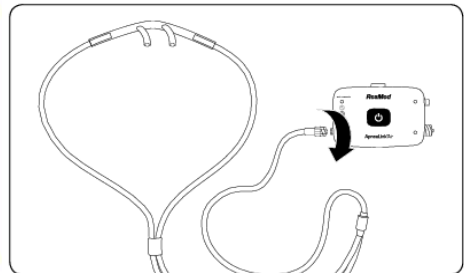
4
Draw the cannula to a comfortable position under your chin. Use the tape strips, located in the bag with the extra batteries, to secure the cannula. Place a piece of tape over the tube under each eye.



5
Attach the self-adhesive finger pulse sensor to your ring finger on your non-dominant hand. Peel off the backing and line up the picture of the finger-tip directly over your finger nail. The end with the blue dot is then folded under, to end up covering the pad of your finger. Then wrap the "butter-fly" wings around your fingertip, securing the monitor in place. To work correctly, the picture of the fingernail should be over your fingernail. Plug the free end of the finger monitor into the gray cord at the bottom of the device. Remove carefully when complete, and use again for the second night

Quick Notes

- The device can be worn over a shirt or nightgown.
- The device has a maximum capacity of 15 hours record time. It is not uncommon for the light to be off upon waking on the second morning.
- Remember to replace the batteries on the 2nd night with the ones provided.

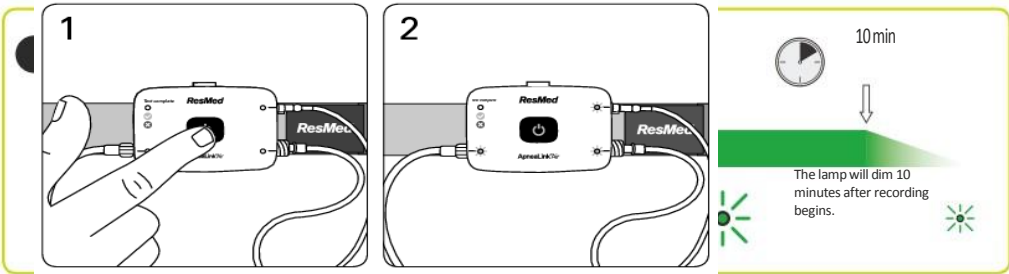


Fit the nasal cannula to the unused port on the side of the device. Secure the cannula by turning it clockwise.

Continued on reverse...

RECORDING

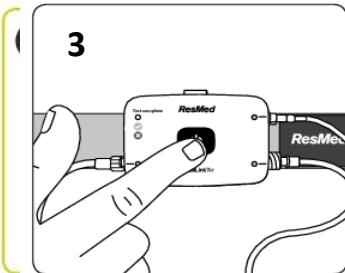
Instructions - Back



Start the recording in bed by pressing and holding the START/ STOP button for approximately 3 seconds, until the light in the middle of the button turns green. **The ApneaLink Air is recording when the green light is on. The light on the finger will stay red.**

Check that the lights next to the accessories are green. If any are red and blinking then either the nasal cannula or finger monitor are not attached correctly. Ensure that the finger monitor is on your ring finger and that the blue dot is over your fingerprint. Ensure that both the nasal cannula and finger monitor are securely plugged in to the device.

If the light does not come on at all, or will not stay on, then it is a battery issue. Check that the batteries are placed in the device properly. You can also replace the batteries with the extra set that have been provided



Do NOT stop the recording until you are done sleeping. **If you wake up in the middle of the night leave the device on and recording.** When you are done sleeping, stop the recording by pressing and holding the START/STOP button for approximately three seconds, until the green light in the middle of the button goes out. A red or green light under "Test Complete" Will remain lit for 15 minutes after the device is turned off. Repeat this process for a second night, replacing the batteries prior to beginning night 2.

- After you have completed the two nights of recording, place ALL of the materials back in the box.
- Sign the Delivery Ticket and place back in the box.
- Complete the Sleep Diary and return with device.
- Place the included return shipping label directly over the current label on the package.
- Return the device by any of the following methods:
 - Drop the package off at any FedEx store or drop-box
 - Call us at 1-888-710-2727 if you need help.

- **It is very important that this study is completed immediately upon receipt of the device**
- This is a two night study. You must change the batteries in the device before you start the second night of recording.
- **There is a Delivery Ticket included that must be signed and returned with the device. This test is not complete without your signature.**
- The finger monitor and nasal cannula provided can be used for both nights of testing.
- Do not turn off the device or remove the device if you wake up in the middle of the night. Continue recording until you are done sleeping for the night.
- 24 hour customer service is available by calling 813-831-2727 or 888-710-2727

For assistance call 813-831-2727 or 888-710-2727. 24 hour help is available.